



# Cadaveric Course: Foot & Ankle

Date: Saturday, 2<sup>nd</sup> March 2024

## COURSE DIRECTOR



Dr. Nitin Kimmatkar

## ORGANISING CHAIRMAN



Dr. Sumedh Chaudhary

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Dr. Vikas Aatram



Dr. Vasant Gawande

## WORKSHOP CO-ORDINATORS



Dr. Tejas Apte



Dr. Ashwin Chauhan



## SCIENTIFIC AGENDA

### 1. Calcaneum Plating: Sinus Tarsi Approach

- Surgical Techniques for Calcaneal Fractures
- Utilization of Sinus Tarsi Approach in Plating

### 2. Lisfranc Joint Fixation with Anatomical Plate

- Anatomy of the Lisfranc Joint
- Surgical Procedures for Fixation using Anatomical Plates

### 3. Ligamentous Repair Around Ankle

- Lateral Ligament Repair + Brostrom Gould Technique
- Deltoideus Ligament Repair
- Syndesmotic Tight Rope Fixation

### 4. Flat Foot: Spring Ligament Repair with Internal Brace & FDL to Tib Post Transfer

- Surgical Approaches for Flat Foot Corrections
- Internal Brace Utilization in Spring Ligament Repair

### Topics for Post Lunch Session (2 PM to 5 PM)

### 5. Anterior Approach for Ankle Arthrodesis

- Ankle Arthrodesis Procedures
- Anterior Surgical Approaches for Arthrodesis

### 6. Tendon Transfer for Foot Drop

- Indications for Tendon Transfer in Foot Drop
- Surgical Approaches and Techniques for Tendon Transfer

### 7. FHL Graft for Tendoachillis Rupture

- Utilization of FHL Graft in Tendoachillis Rupture Cases
- Surgical Techniques for Graft Placement and Fixation

### 8. Principles and Surgical Demonstration of Hallux Valgus Osteotomies and Modified McBride Procedures

### 9. Excisional Arthroplasty and Tendon Balancing Procedures for Claw Toe Deformity

This well-structured course covers a wide spectrum of foot and ankle surgical procedures, allowing participants to gain valuable insights and hands-on experience.



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